

## Social Worker Report

### Patient Information

Patient Name: Mel Lafleur  
Age: 70  
Date: 3 Days after admission  
Diagnosis: Right Hip Fracture

Consult Requested By: MRP  
Social Worker: Sheri Bell

### Background:

### Consultation Summary

Mel Lafleur, a 70-year-old, is currently hospitalized due to a right hip fracture after a fall at home and presented with confusion at the time of admission. The client is eager to return home but is uncertain if their mobility will allow them to safely do so. Mel's partner passed away several years ago, and they have since lived independently in their home. They receive occasional assistance from a neighbor for small tasks, but the extent of this help with activities of daily living (ADLs) is unclear. They have grocery delivery services but have difficulty recalling the types of food they eat and how they prepare them. Mel's daughter, Debbie, resides in Calgary and is eager to assist with information as needed. However, due to family commitments, Debbie cannot come to Kamloops for extended periods.

### Assessment:

1. Living Situation: Mel lives alone in home, with only regular support coming from neighbor. The neighbor's ability to assist with ADLs is unknown, which raises concerns about Mel's ability to manage daily needs independently, especially following her discharge from the hospital.
2. Mobility and Safety: Given the recent fracture, it is critical to assess whether Mel can safely navigate her home environment and perform essential activities without risking further injury.
3. Nutrition: Mel relies on grocery delivery but is unable to specify the types of food they consume or their cooking methods. This lack of clarity about dietary habits could impact client's recovery and overall health.
4. Family Support: Debbie, Mel's daughter, is willing to provide information and support remotely but cannot be physically present in Kamloops for long periods. This limits the availability of immediate in person assistance.

### Recommendations:

1. Home Safety Assessment: Arrange for an occupational therapist to conduct a home safety assessment to determine if Mel's living environment is safe and if any modifications are needed to accommodate reduced mobility.
2. Follow Up: Schedule follow up appointments with the social worker to monitor Mel's adjustment after discharge and ensure client has the necessary support to maintain independence and wellbeing.

### Conclusion

Mel Lafleur's desire to return home is understandable, but ensuring her safety and wellbeing post discharge is paramount.